GGRXSH501

GROXX SIT HARNESS WITH FULL BODY HARNESS, 5-POINT, VENTRAL D-RING



OVERVIEW

The Groxx Sit Harness with Full Body Harness, 5-Point, Ventral D-Ring (GGRXSH501) is a full body harness made to EN 361 / EN 358 / EN 813. It is built from 45 mm high-tenacity polyester webbing with heavy-duty stamped steel D-rings and buckles, in one universal size that adjusts to fit most workers. Rope access, suspended work, confined space and tower work.

KEY FEATURES

- **Attachment**: Dorsal (back) D-ring; Front sternal D-ring; Ventral (waist) D-ring for rope access devices (EN 813); Two lateral D-rings for work positioning.
- Ventral D-ring for descenders and rope access devices.
- Padded shoulders, waist belt and leg loops for long periods in suspension.
- Fall arrest, positioning and sit harness in one.
- **6 adjustment points**: Left shoulder strap, right shoulder strap, waist belt, left thigh strap, right thigh strap, chest strap.

TECHNICAL SNAPSHOT

PARAMETER	GGRXSH501
EN requirement	Static 15 kN at fall-arrest, work-positioning and sit attachment points
Attachment points	4: Dorsal (back) D-ring; Front sternal D-ring; Ventral (waist) D-ring for rope access devices (EN 813); Two lateral D-rings for work positioning
Adjustment points	6
Webbing	45 mm high-tenacity polyester
Hardware	Heavy-duty stamped steel D-rings and buckles
Size	Universal (one size, adjustable)
Maximum user weight	100 kg including tools and equipment
Marking	Groxx model code, serial/batch number, standard, date of manufacture
Inspection	Before every use; detailed inspection by a competent person every 12 months

INSTALLATION & USE

Inspect the harness before every use: webbing for cuts, burns, fraying or chemical damage; stitching for broken or pulled threads; D-rings and buckles for cracks, distortion or corrosion.

A competent person must carry out a detailed periodic inspection at least every 12 months, and record it. Groxx ASMA can schedule and record these inspections.

Withdraw the harness from use immediately after it has arrested a fall.

Clean with lukewarm water and mild soap, dry naturally away from direct heat and sunlight, and store in a dry, ventilated place.

Have a rescue plan in place before work starts. Suspension after a fall must be kept as short as possible.

STANDARDS

EN 361 | EN 358 | EN 813

FULL DATA SHEET ↗

Product page ↗