GGRXFBH103

GROXX FULL BODY HARNESS, 1-POINT, STAMPED D-RING



OVERVIEW

The Groxx Full Body Harness, 1-Point, Stamped D-Ring (GGRXFBH103) is a full body harness made to EN 361. It is built from 45 mm high-tenacity polyester webbing with stamped steel D-ring and buckles, in one universal size that adjusts to fit most workers. Entry-level fall arrest for site induction kits, contractors and visitors.

KEY FEATURES

- **Attachment**: Dorsal (back) stamped steel D-ring.
- Light, simple single-colour design for fast issue from a PPE store.
- Sit strap under the seat to support the user in suspension after a fall.
- Adjustable chest strap holds the shoulder straps in place.
- **3 adjustment points**: Chest strap, left thigh strap, right thigh strap.

TECHNICAL SNAPSHOT

PARAMETER	GGRXFBH103
EN requirement	Static 15 kN at fall-arrest attachment points; dynamic drop test with 100 kg mass
Attachment points	1: Dorsal (back) stamped steel D-ring
Adjustment points	3
Webbing	45 mm high-tenacity polyester
Hardware	Stamped steel D-ring and buckles
Size	Universal (one size, adjustable)
Maximum user weight	100 kg including tools and equipment
Marking	Groxx model code, serial/batch number, standard, date of manufacture
Inspection	Before every use; detailed inspection by a competent person every 12 months

INSTALLATION & USE

Inspect the harness before every use: webbing for cuts, burns, fraying or chemical damage; stitching for broken or pulled threads; D-rings and buckles for cracks, distortion or corrosion.

A competent person must carry out a detailed periodic inspection at least every 12 months, and record it. Groxx ASMA can schedule and record these inspections.

Withdraw the harness from use immediately after it has arrested a fall.

Clean with lukewarm water and mild soap, dry naturally away from direct heat and sunlight, and store in a dry, ventilated place.

Have a rescue plan in place before work starts. Suspension after a fall must be kept as short as possible.

STANDARDS

EN 361

FULL DATA SHEET ↗

Product page ↗